

Staff Survey: Trauma-Informed Practice Module

This first set of questions ask about how you feel working at your school.

	Strongly Disagree	Disagree	Neither Disagree nor Agree	Agree	Strongly Agree
1. I feel connected to other adults at my school.	A	B	C	D	E
2. I feel comfortable discussing feelings, worries, and frustrations with my supervisor.	A	B	C	D	E
3. People at this school care about me as a person.	A	B	C	D	E
4. Staff at this school trust each other.	A	B	C	D	E
5. It is OK in this school to discuss feelings, worries, and frustrations with other staff.	A	B	C	D	E

This next set of questions ask about how students interact with you.

	Strongly Disagree	Disagree	Neither Disagree nor Agree	Agree	Strongly Agree
6. Students share their concerns with me.	A	B	C	D	E
7. Students express their feelings with me.	A	B	C	D	E
8. Students talk with me about their homes and families.	A	B	C	D	E
9. Students talk freely about their lives outside of school.	A	B	C	D	E

The next questions ask about staff relationships with school leaders.

10. How much do your school leaders care about you as an individual?

- A) Do not care at all
- B) Care a little bit
- C) Care somewhat
- D) Care quite a bit
- E) Care a tremendous amount

11. When you face challenges at work, how supportive are your school leaders?

- A) Not at all supportive
- B) Slightly supportive
- C) Somewhat supportive
- D) Quite supportive
- E) Extremely supportive

12. How respectful are your school leaders to you?

- A) Not at all respectful
- B) Slightly respectful
- C) Somewhat respectful
- D) Quite respectful
- E) Extremely respectful

13. When challenges arise in your personal life, how understanding are your school leaders?

- A) Not at all understanding
- B) Slightly understanding
- C) Somewhat understanding
- D) Quite understanding
- E) Extremely understanding

Thirteen items assessing attitudes related to trauma-informed care developed by the Traumatic Stress Institute and Dr. Courtney Baker from Tulane University.

For more information about the full ARTIC scale, see
<https://www.traumaticstressinstitute.org/the-artic-scale/>

The next two questions ask about your familiarity with and training in trauma-informed care.

27. How familiar are you with trauma-informed care or trauma-informed schools?

- A) Not at all familiar
- B) Slightly familiar
- C) Somewhat familiar
- D) Quite familiar
- E) Very familiar

28. Have you had training in trauma-informed care or trauma-informed schools?

- A) No
- B) Yes

The final set of questions ask about trauma-informed care in your school.

		Strongly Disagree	Disagree	Neither Disagree nor Agree	Agree	Strongly Agree
29.	Staff at this school understand Adverse Childhood Experiences (ACES), stress, and trauma.	A	B	C	D	E
30.	This school uses a trauma-engaged approach to discipline (e.g., restorative practice, non-punitive).	A	B	C	D	E
31.	Strength-based language is used throughout this school community.	A	B	C	D	E
32.	This school has developed a master list of trauma-engaged resources and supports.	A	B	C	D	E
33.	Staff in this school have knowledge of practices (e.g., mindfulness, breathing, meditation) that help prevent and address stress, burnout, secondary trauma, and compassion fatigue.	A	B	C	D	E

		Strongly Disagree	Disagree	Neither Disagree nor Agree	Agree	Strongly Agree
34.	Staff in this school have the opportunity to use self-care techniques (e.g., mindfulness, breathing, meditation).	A	B	C	D	E
35.	Students in this school have knowledge of self-care techniques (e.g., mindfulness, breathing, meditation).	A	B	C	D	E
36.	Students in this school have the opportunity to use self-care techniques (e.g., mindfulness, breathing, meditation).	A	B	C	D	E