This survey asks about your behavior, experiences, and attitudes related to your school, health, and well-being. The survey also includes questions about use of alcohol, tobacco, and other drugs, and bullying and violence.

The survey is **anonymous** and **confidential**. No one will ever be able to connect you with your answers. Your answers are private.

**You do not have to answer these questions**, but your answers will be very helpful in improving school and health programs. **You will be able to answer** whether or not you have done or experienced any of these things.

This survey asks about things you may have done during different periods of time, such as during your **lifetime** (you ever did something), or the past **12 months**, or **30 days**. Each provides different information. Please pay careful attention to these time periods.

**Thank you for taking this survey!**
Your School Schedule

1. Which of the following best describes your school schedule during the past 30 days?
   A) I went to school in person at my school building for the entire day, Monday through Friday. [In-School Model]
   B) I participated in school from home for the entire day on most or all weekdays and did not go to school in person. [Remote Learning Model]

Next, we would like some background information about you.

2. What grade are you in?
   A) 6th grade
   B) 7th grade
   C) 8th grade
   D) 9th grade
   E) 10th grade
   F) 11th grade
   G) 12th grade
   H) Other grade
   I) Ungraded

3. What is your gender?
   A) Male
   B) Female
   C) Nonbinary
   D) Something else

4. Some people describe themselves as transgender when how they think or feel about their gender is different from the sex they were assigned at birth. Are you transgender?
   A) No, I am not transgender
   B) Yes, I am transgender
   C) I am not sure if I am transgender
   D) Decline to respond

5. Which of the following best describes you?
   A) Straight (not gay)
   B) Lesbian or Gay
   C) Bisexual
   D) Something else
   E) Not sure
   F) Decline to respond
Remote Core Survey

6. What is your race or ethnicity? *(Mark All That Apply.)*
   - A) American Indian or Alaska Native
   - B) Asian or Asian American
   - C) Black or African American
   - D) Hispanic or Latinx
   - E) Native Hawaiian or Pacific Islander
   - F) White
   - G) Something else

7. If you are Asian or Pacific Islander, which groups best describe you? *(Mark All That Apply.)*
   If you are not of Asian or Pacific Islander background, mark “A) Does not apply.”
   - A) Does not apply; I am not Asian or Pacific Islander
   - B) Asian Indian
   - C) Cambodian
   - D) Chinese
   - E) Filipino
   - F) Hmong
   - G) Japanese
   - H) Korean
   - I) Laotian
   - J) Vietnamese
   - K) Native Hawaiian, Guamanian, Samoan, Tahitian, or other Pacific Islander
   - L) Other Asian

8. If you are Hispanic or Latinx, which groups best describe you? *(Mark All That Apply.)*
   If you are not of Hispanic or Latinx background, mark “A) Does not apply.”
   - A) Does not apply; I am not Hispanic or Latinx
   - B) Colombian
   - C) Cuban
   - D) Dominican
   - E) Guatemalan
   - F) Honduran
   - G) Mexican
   - H) Puerto Rican
   - I) Salvadoran
   - J) Other Hispanic or Latinx

9. What best describes where you live? A home includes a house, apartment, trailer, or mobile home.
   - A) A home with one or more parent or guardian
   - B) Other relative’s home
   - C) A home with more than one family
   - D) Friend’s home
   - E) Foster home, group care, or waiting placement
   - F) Hotel or motel
   - G) Shelter, car, campground, or other transitional or temporary housing
   - H) Other living arrangement
Remote Core Survey

10. What is the highest level of education your parents or guardians completed? *(Mark the educational level of the parent or guardian who went the furthest in school.)*

   A) Did not finish high school
   B) Graduated from high school
   C) Attended college but did not complete four-year degree
   D) Graduated from college
   E) Don’t know

11. Is your father, mother, or guardian currently in the military (Army, Navy, Marines, Air Force, National Guard, or Reserves)?

   A) No
   B) Yes
   C) Don’t know

12. What language is spoken most of the time in your home?

   A) English
   B) Spanish
   C) Mandarin
   D) Cantonese
   E) Taiwanese
   F) Tagalog
   G) Vietnamese
   H) Korean
   I) Arabic
   J) Other

   **APPLICABLE FOR NON-ENGLISH LANGUAGE AT HOME. [IF Q12 = B-J]**

   *How well do you understand, speak, read, and write English?*

<table>
<thead>
<tr>
<th></th>
<th>Very Well</th>
<th>Well</th>
<th>Not Well</th>
<th>Not At All</th>
</tr>
</thead>
</table>
   12A. Understand English | A | B | C | D |
   12B. Speak English | A | B | C | D |
   12C. Read English | A | B | C | D |
   12D. Write English | A | B | C | D |

13. What time did you go to bed last night?

   A) Before 7:00 pm
   B) 7:00–7:59 pm
   C) 8:00–8:59 pm
   D) 9:00–9:59 pm
   E) 10:00–10:59 pm
   F) 11:00–11:59 pm
   G) 12:00–12:59 am
   H) After 1:00 am

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Version MS03 – Fall 2022-Spring 2023

~ 4 ~
14. Did you eat breakfast today?
   A) No
   B) Yes

The next set of questions ask about your experiences participating in school from home.

Participating in school from home means that, instead of going to a school building in person to learn and complete schoolwork, you did your schoolwork and learning from home.

15. In the past 30 days, how many weekdays in an average week did you participate in school from home for an entire school day?
   A) 0 days
   B) 1 day
   C) 2 days
   D) 3 days
   E) 4 days
   F) 5 days

16. On the average weekday, how much of your day did you spend learning and completing schoolwork from home?
   A) Less than 1 hour
   B) Between 1 and 2 hours
   C) Between 2 and 3 hours
   D) Between 3 and 4 hours
   E) Between 4 and 5 hours
   F) More than 5 hours

17. How many days in the past week did you participate in an online class from home where your teacher talked to students from a computer, phone, or tablet (iPad)?
   A) 0 days
   B) 1 day
   C) 2 days
   D) 3 days
   E) 4 days
   F) 5 days
18. In the past 30 days, how often did you miss an entire day of remote learning classes for any reason?
   A) I did not miss an entire day of remote learning classes
   B) 1 day
   C) 2 days
   D) 3 or more days

The next questions ask about your experiences with school in general.

19. During the past 12 months, how would you describe the grades you mostly received in school?
   A) Mostly A’s
   B) A’s and B’s
   C) Mostly B’s
   D) B’s and C’s
   E) Mostly C’s
   F) C’s and D’s
   G) Mostly D’s
   H) Mostly F’s

20. In the past 30 days, did you miss a day of school from home for any of the following reasons? (Mark All That Apply.)
   A) Does not apply; I didn’t miss any school
   B) Illness (feeling physically sick), including problems with breathing or your teeth
   C) Felt very sad, hopeless, anxious, stressed, or angry
   D) Didn’t get enough sleep
   E) Had to take care of or help a family member or friend
   F) Wanted to spend time with friends
   G) Used alcohol or drugs
   H) Were behind in schoolwork or weren’t prepared for a test or class assignment
   I) Were bored or uninterested in school
   J) Other reason

How strongly do you agree or disagree with the following statements?

<table>
<thead>
<tr>
<th></th>
<th>Strongly Disagree</th>
<th>Disagree</th>
<th>Neither Disagree Nor Agree</th>
<th>Agree</th>
<th>Strongly Agree</th>
</tr>
</thead>
<tbody>
<tr>
<td>21. I feel close to people from this school.</td>
<td>A</td>
<td>B</td>
<td>C</td>
<td>D</td>
<td>E</td>
</tr>
<tr>
<td>22. I am happy with this school.</td>
<td>A</td>
<td>B</td>
<td>C</td>
<td>D</td>
<td>E</td>
</tr>
<tr>
<td>23. I feel like I am part of this school.</td>
<td>A</td>
<td>B</td>
<td>C</td>
<td>D</td>
<td>E</td>
</tr>
<tr>
<td>24. The teachers treat students fairly.</td>
<td>A</td>
<td>B</td>
<td>C</td>
<td>D</td>
<td>E</td>
</tr>
<tr>
<td>25. Teachers at this school communicate with parents about what students are expected to learn in class.</td>
<td>A</td>
<td>B</td>
<td>C</td>
<td>D</td>
<td>E</td>
</tr>
</tbody>
</table>
**Remote Core Survey**

<table>
<thead>
<tr>
<th></th>
<th>How strongly do you agree or disagree with the following statements?</th>
</tr>
</thead>
<tbody>
<tr>
<td>26.</td>
<td>Parents feel welcome to participate at this school.</td>
</tr>
<tr>
<td>27.</td>
<td>School staff take parent concerns seriously.</td>
</tr>
<tr>
<td>28.</td>
<td>It is hard for me to stay focused when doing my schoolwork.</td>
</tr>
<tr>
<td>29.</td>
<td>I am interested in the schoolwork I do when participating in <strong>school from home</strong>.</td>
</tr>
<tr>
<td>30.</td>
<td>I try hard to make sure that I am good at my schoolwork.</td>
</tr>
<tr>
<td>31.</td>
<td>I try hard on my schoolwork because I am interested in it.</td>
</tr>
<tr>
<td>32.</td>
<td>I work hard to try to understand new things when doing my schoolwork.</td>
</tr>
<tr>
<td>33.</td>
<td>I am always trying to do better in my schoolwork.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th></th>
<th>Strongly Disagree</th>
<th>Disagree</th>
<th>Neither Disagree Nor Agree</th>
<th>Agree</th>
<th>Strongly Agree</th>
</tr>
</thead>
<tbody>
<tr>
<td>26.</td>
<td>A</td>
<td>B</td>
<td>C</td>
<td>D</td>
<td>E</td>
</tr>
<tr>
<td>27.</td>
<td>A</td>
<td>B</td>
<td>C</td>
<td>D</td>
<td>E</td>
</tr>
<tr>
<td>28.</td>
<td>A</td>
<td>B</td>
<td>C</td>
<td>D</td>
<td>E</td>
</tr>
<tr>
<td>29.</td>
<td>A</td>
<td>B</td>
<td>C</td>
<td>D</td>
<td>E</td>
</tr>
<tr>
<td>30.</td>
<td>A</td>
<td>B</td>
<td>C</td>
<td>D</td>
<td>E</td>
</tr>
<tr>
<td>31.</td>
<td>A</td>
<td>B</td>
<td>C</td>
<td>D</td>
<td>E</td>
</tr>
<tr>
<td>32.</td>
<td>A</td>
<td>B</td>
<td>C</td>
<td>D</td>
<td>E</td>
</tr>
<tr>
<td>33.</td>
<td>A</td>
<td>B</td>
<td>C</td>
<td>D</td>
<td>E</td>
</tr>
</tbody>
</table>

<table>
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<tr>
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<th>Neither Disagree Nor Agree</th>
<th>Agree</th>
<th>Strongly Agree</th>
</tr>
</thead>
<tbody>
<tr>
<td>34.</td>
<td>A</td>
<td>B</td>
<td>C</td>
<td>D</td>
<td>E</td>
</tr>
<tr>
<td>35.</td>
<td>A</td>
<td>B</td>
<td>C</td>
<td>D</td>
<td>E</td>
</tr>
</tbody>
</table>
Remote Core Survey

Please mark on your answer sheet how TRUE you feel each of the following statements is about your SCHOOL.

There is a teacher or some other adult from my school...

<table>
<thead>
<tr>
<th>Statement</th>
<th>Not At All True</th>
<th>A Little True</th>
<th>Pretty Much True</th>
<th>Very Much True</th>
</tr>
</thead>
<tbody>
<tr>
<td>36. who really cares about me.</td>
<td>A</td>
<td>B</td>
<td>C</td>
<td>D</td>
</tr>
<tr>
<td>37. who tells me when I do a good job.</td>
<td>A</td>
<td>B</td>
<td>C</td>
<td>D</td>
</tr>
<tr>
<td>38. who provides me with interesting activities to do while I am participating in school from home.</td>
<td>A</td>
<td>B</td>
<td>C</td>
<td>D</td>
</tr>
<tr>
<td>39. who notices when I’m not there.</td>
<td>A</td>
<td>B</td>
<td>C</td>
<td>D</td>
</tr>
<tr>
<td>40. who always wants me to do my best.</td>
<td>A</td>
<td>B</td>
<td>C</td>
<td>D</td>
</tr>
<tr>
<td>41. who checks on how I am feeling.</td>
<td>A</td>
<td>B</td>
<td>C</td>
<td>D</td>
</tr>
<tr>
<td>42. who listens to me when I have something to say.</td>
<td>A</td>
<td>B</td>
<td>C</td>
<td>D</td>
</tr>
<tr>
<td>43. who believes that I will be a success.</td>
<td>A</td>
<td>B</td>
<td>C</td>
<td>D</td>
</tr>
</tbody>
</table>

When I participate in school...

<table>
<thead>
<tr>
<th>Statement</th>
<th>Not At All True</th>
<th>A Little True</th>
<th>Pretty Much True</th>
<th>Very Much True</th>
</tr>
</thead>
<tbody>
<tr>
<td>44. I do interesting activities.</td>
<td>A</td>
<td>B</td>
<td>C</td>
<td>D</td>
</tr>
<tr>
<td>45. I help decide things like class activities or rules.</td>
<td>A</td>
<td>B</td>
<td>C</td>
<td>D</td>
</tr>
<tr>
<td>46. I do things that make a difference.</td>
<td>A</td>
<td>B</td>
<td>C</td>
<td>D</td>
</tr>
<tr>
<td>47. I have a say in how things work.</td>
<td>A</td>
<td>B</td>
<td>C</td>
<td>D</td>
</tr>
<tr>
<td>48. I help decide school activities or rules.</td>
<td>A</td>
<td>B</td>
<td>C</td>
<td>D</td>
</tr>
</tbody>
</table>
The next questions ask about the use of alcohol, tobacco, marijuana, and other drugs, including pills or medications, to get “high” or for reasons other than medical, as ordered or prescribed by a doctor.

Keep the following definitions in mind:

- **One drink of ALCOHOL**, or alcoholic drink (beverage), means one regular size can/bottle of beer or wine cooler, one glass of wine, one mixed drink, or one shot glass of liquor.

- Questions about alcohol do **not** include drinking a few sips of wine for religious purposes.

- **DRUG** means any substance other than alcohol or tobacco, including pills and medications, used to get “high” (“loaded,” “stoned,” or “wasted”) or for purposes other than prescribed by a doctor.

- **VAPES or VAPE PRODUCTS**: Electronic devices like vape pens, e-cigarettes, e-hookah, hookah pens, e-vaporizers, tanks, pods, or mods used to inhale a vapor. Can be used to vape many things, including nicotine or just flavoring. Popular brands are JUUL, Suorin, SMOK, Zodiac Constellation, and Stiiizy.
**Remote Core Survey**

*During your life, how many times have you used the following?*

<table>
<thead>
<tr>
<th>Number of Times</th>
<th>0 Times</th>
<th>1 Time</th>
<th>2 Times</th>
<th>3 Times</th>
<th>4–6 Times</th>
<th>7 or More Times</th>
</tr>
</thead>
</table>

49. A cigarette, **even one or two puffs**

50. A **whole** cigarette

51. **Smokeless tobacco** (dip, chew, or snuff)

52. **Vape products**

53. **One full drink of alcohol** (such as a can of beer, glass of wine, wine cooler, or shot of liquor)

54. **Marijuana** (smoke, vape, eat, or drink)

55. **Inhalants** (things you sniff, huff, or breathe to get “high” such as glue, paint, aerosol sprays, gasoline, poppers, gases)

56. **Relevant**

57. **Any other drug, pill, or medicine** to get “high” or for reasons other than medical

*During your life, how many times have you been…*

<table>
<thead>
<tr>
<th>Number of Times</th>
<th>0 Times</th>
<th>1 Time</th>
<th>2 Times</th>
<th>3 Times</th>
<th>4–6 Times</th>
<th>7 or More Times</th>
</tr>
</thead>
</table>

58. **very drunk or sick after drinking alcohol?**

59. **“high” (loaded, stoned, or wasted) from using drugs?**

60. **drunk on alcohol or “high” on drugs on school property?**
[APPLICABLE FOR LIFETIME MARIJUANA USERS ONLY – Ask of students who reported ever using marijuana [IF Q54 = B, C, D, E, or F]

During your life, how many times have you used marijuana in any of the following ways:

<table>
<thead>
<tr>
<th>Number of Times</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 Times</td>
</tr>
</tbody>
</table>

61. Smoke it?

62. In a vaping device (vape pens, mods, or portable vaporizers)?

63. Eat or drink it in products made with marijuana?

During the past 30 days, on how many days did you use...

| 0 Days | 1 Day | 2 Days | 3-9 Days | 10-19 Days | 20-30 Days |

64. cigarettes?

65. smokeless tobacco (dip, chew, or snuff)?

66. vape products?

[ASKED IF Q66 = B, C, D, E, or F]

66.A Vaped tobacco or nicotine

66.B Vaped marijuana or THC

66.C Vaped other product

67. one or more drinks of alcohol?

68. five or more drinks of alcohol in a row, that is, within a couple of hours?

69. marijuana (smoke, vape, eat, or drink)?

70. inhalants (things you sniff, huff, or breathe to get “high”)?

71. any other drug, pill, or medicine to get “high” or for reasons other than medical?
How much do people risk harming themselves physically and in other ways when they do the following?

<table>
<thead>
<tr>
<th>How Much Risk or Harm</th>
</tr>
</thead>
<tbody>
<tr>
<td>Great</td>
</tr>
<tr>
<td>Moderate</td>
</tr>
<tr>
<td>Slight</td>
</tr>
<tr>
<td>None</td>
</tr>
</tbody>
</table>

72. Smoke cigarettes occasionally

73. Smoke 1 or more packs of cigarettes each day

74. Vape tobacco or nicotine occasionally

75. Vape tobacco or nicotine several times a day (100 puffs or more)

76. Drink alcohol (beer, wine, liquor) occasionally

77. Have five or more drinks of alcohol once or twice a week

78. Use marijuana occasionally (smoke, vape, eat, or drink)

79. Use marijuana daily

How difficult is it for students in your grade to get any of the following if they really want them?

<table>
<thead>
<tr>
<th>Very Difficult</th>
<th>Fairly Difficult</th>
<th>Fairly Easy</th>
<th>Very Easy</th>
<th>Don’t Know</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>B</td>
<td>C</td>
<td>D</td>
<td>E</td>
</tr>
</tbody>
</table>

80. Cigarettes

81. Vape products

82. Alcohol

83. Marijuana

84. Prescription drugs to get “high” or for reasons other than prescribed

85. Does your school ban tobacco use and vaping on school property and at school sponsored events?

A) No

B) Yes

C) Don’t know
During the past **12 months**, how many times did students from your school...

<table>
<thead>
<tr>
<th></th>
<th>0 Times</th>
<th>1 Time</th>
<th>2 to 3 Times</th>
<th>4 or More Times</th>
</tr>
</thead>
<tbody>
<tr>
<td>86.</td>
<td>spread mean rumors or lies spread about you?</td>
<td>A</td>
<td>B</td>
<td>C</td>
</tr>
<tr>
<td>87.</td>
<td>make sexual jokes, comments, or gestures toward you?</td>
<td>A</td>
<td>B</td>
<td>C</td>
</tr>
<tr>
<td>88.</td>
<td>make fun of you because of your looks or the way you talk?</td>
<td>A</td>
<td>B</td>
<td>C</td>
</tr>
<tr>
<td>89.</td>
<td>make fun of you, insult you, or call you names?</td>
<td>A</td>
<td>B</td>
<td>C</td>
</tr>
</tbody>
</table>

*During the past **12 months**, how many times did students from your school harass you or bully you for any of the following reasons? [You were bullied if you were threatened, called mean names, teased, or had other unpleasant verbal or physical things done to you repeatedly or in a severe way. It is not bullying when two students of about the same strength or power quarrel or fight.]*

<table>
<thead>
<tr>
<th></th>
<th>0 Times</th>
<th>1 Time</th>
<th>2 to 3 Times</th>
<th>4 or More Times</th>
</tr>
</thead>
<tbody>
<tr>
<td>90.</td>
<td>Your race, ethnicity, or national origin</td>
<td>A</td>
<td>B</td>
<td>C</td>
</tr>
<tr>
<td>91.</td>
<td>Your religion</td>
<td>A</td>
<td>B</td>
<td>C</td>
</tr>
<tr>
<td>92.</td>
<td>Your gender</td>
<td>A</td>
<td>B</td>
<td>C</td>
</tr>
<tr>
<td>93.</td>
<td>Because you are gay, lesbian, or bisexual or someone thought you were</td>
<td>A</td>
<td>B</td>
<td>C</td>
</tr>
<tr>
<td>94.</td>
<td>A physical or mental disability</td>
<td>A</td>
<td>B</td>
<td>C</td>
</tr>
<tr>
<td>95.</td>
<td>You are an immigrant or someone thought you were</td>
<td>A</td>
<td>B</td>
<td>C</td>
</tr>
<tr>
<td>96.</td>
<td>Any other reason</td>
<td>A</td>
<td>B</td>
<td>C</td>
</tr>
</tbody>
</table>

During the past **12 months**, how many times did other students spread mean rumors or lies, or hurtful pictures, about you online, on social media, or on a cell phone?

A) 0 times (never)
B) 1 time
C) 2–3 times
D) 4 or more times
98. Do you consider yourself a member of a gang?
   A) No
   B) Yes

99. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more that you stopped doing some usual activities?
   A) No
   B) Yes

100. During the past 12 months, did you ever seriously consider attempting suicide?
     A) No
     B) Yes

Over the past 30 days, how true do you feel these statements are about you?

<table>
<thead>
<tr>
<th>Statement</th>
<th>Not At All True</th>
<th>A Little True</th>
<th>Pretty Much True</th>
<th>Very Much True</th>
</tr>
</thead>
<tbody>
<tr>
<td>I had a hard time relaxing.</td>
<td>A</td>
<td>B</td>
<td>C</td>
<td>D</td>
</tr>
<tr>
<td>I felt sad and down.</td>
<td>A</td>
<td>B</td>
<td>C</td>
<td>D</td>
</tr>
<tr>
<td>I was easily irritated.</td>
<td>A</td>
<td>B</td>
<td>C</td>
<td>D</td>
</tr>
<tr>
<td>It was hard for me to cope and I thought I would panic.</td>
<td>A</td>
<td>B</td>
<td>C</td>
<td>D</td>
</tr>
<tr>
<td>It was hard for me to get excited about anything.</td>
<td>A</td>
<td>B</td>
<td>C</td>
<td>D</td>
</tr>
<tr>
<td>Each day I look forward to having a lot of fun.</td>
<td>A</td>
<td>B</td>
<td>C</td>
<td>D</td>
</tr>
<tr>
<td>I usually expect to have a good day.</td>
<td>A</td>
<td>B</td>
<td>C</td>
<td>D</td>
</tr>
<tr>
<td>Overall, I expect more good things to happen to me than bad things.</td>
<td>A</td>
<td>B</td>
<td>C</td>
<td>D</td>
</tr>
</tbody>
</table>
Remote Core Survey

Please describe your level of satisfaction below

I would describe my satisfaction with...

<table>
<thead>
<tr>
<th>Question</th>
<th>Satisfaction Level</th>
</tr>
</thead>
<tbody>
<tr>
<td>109. my family life as...</td>
<td>Very Dissatisfied Dissatisfied A Little Dissatisfied A Little Satisfied Satisfied Very Satisfied</td>
</tr>
<tr>
<td>110. my friendships as...</td>
<td>A B C D E F</td>
</tr>
<tr>
<td>111. my school experience as...</td>
<td>A B C D E F</td>
</tr>
<tr>
<td>112. myself as...</td>
<td>A B C D E F</td>
</tr>
<tr>
<td>113. where I live as...</td>
<td>A B C D E F</td>
</tr>
</tbody>
</table>

114. How many questions in this survey did you answer honestly?

A) All of them
B) Most of them
C) Only some of them
D) Hardly any